

Sterling Ballet Academy

Schedule of Classes 2021-22

Monday			Tuesday			Wednesday		
4:30 - 6:00 Intensive I	4:30 - 5:30 Intermediate	4:30 - 5:30 Tap II	4:30 - 5:30 Lyrical I	4:30 - 5:30 Beginning Ballet		4:30 - 6:00 Intensive I	4:30 - 5:30 Ballet II	4:30 - 5:30 Lyrical II
	5:30 - 7:00 Advanced III	5:30 - 6:30 Tap I	5:30 - 6:30 Advanced Jazz	5:30 - 6:30 Ballet I		6:00 - 7:30 Advanced III	5:30 - 6:15 Pre Ballet	5:30 - 6:30 Stretch
				6:30 - 7:30 Ballet III				6:30 - 7:30 Jazz III

Thursday			Friday			Saturday		
4:30 - 5:30 Intermediate		4:30 - 5:30 Hip Hop I	4:30 - 6:00 Intensive I	4:30 - 5:30 Ballet II		9:00 - 9:45 Little Dancer	9:30 - 10:30 Ballet I	9:30 - 10:30 Jazz I
5:30 - 6:30 Conditioning		6 - 6:45 Little Dancer	6:00 - 7:30 Advanced III	5:30 - 6:30 Ballet III		9:45 - 10:30 Pre Ballet	10:30 - 11:30 Beginning Ballet	10:30 - 11:30 Hip Hop
6:30 - 7:30 Jazz II						10:30 - 11:30 Ballet II	11:30 - 12:30 Teen Ballet	11:30 - 12:30 Jazz II